

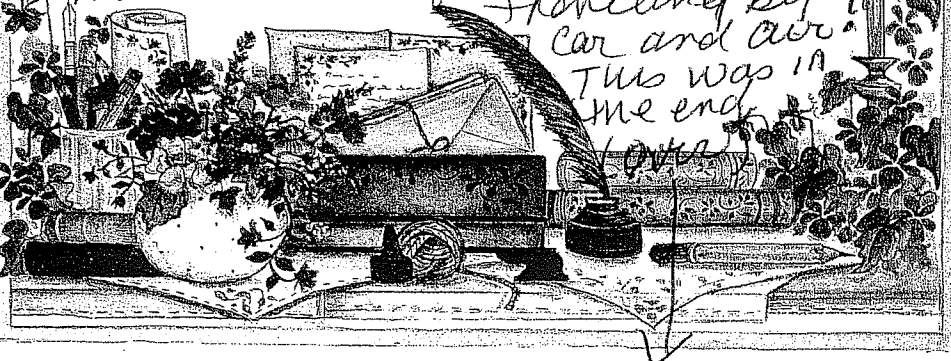
HEARTS TO READ WHAT HANDS HAVE WRITTEN

August 6, 2000

Dear Staff,

Sorry this is late. It arrived while we were on vacation. Lisa, Rob and all the PTAs who helped me work-out, I send you an avalanche of THANKS TO YOU ALL because I was able to handle unenforced, getting up and down off the ground and was being in 10,000 and mile rarified air during the 4 day Blue Grass festival in Telluride, Colorado. Not to mention two full days of traveling by car and air.

This was in the end
Love,



of June. ^{II} Then in July, I was able to walk on the beach daily for 2 weeks plus comfortably manage the car trip ~~down~~^{to} and back from Florida. Thanks for getting me stronger and more flexible. I have been exercising daily, even on vacation, and plan to get back to exercising at my gym soon.

I sing the praises of Seneca PT to anyone who asks me what I did to improve my gait and posture. You all are THE GREATEST!

With much appreciation
Judy Divine
OT with RT hip
osteo arthritis